



CHAPTERS LIFE, A-Z:

DISCOVER, ENGAGE, ENJOY!

For the community, by the community

Welcome to Chapters Community!

Dear Homeowners,

We are excited to present the A-Z Activity Brochure, where there's something for everyone at Chapters! With over 50 fantastic activities, events, and opportunities available exclusively for our homeowners, you're bound to discover something appealing that resonates with you.

What's on Offer?

From creative arts and lively games, to enriching classes and social gatherings, we invite you to explore our diverse range of activities.

When Can You Participate?

Many activities are scheduled weekly, fortnightly, or monthly, alongside one-off special events that you certainly won't want to miss! You're welcome to take part in as much or as little as you want.

Who's Involved?

Our vibrant community is fuelled by us, the homeowners! With our ideas and talents, we create a dynamic atmosphere for enjoyment and growth. We also welcome expertise from visiting professionals and local community connections.

What's Next?

- ✓ Stay updated by checking our noticeboards and monthly calendars.
- ✓ Step out of your comfort zone, try something new, and bring a friend along to share the experience.
- ✓ If you have skills or ideas for activities, please share them with our Community Managers.

Happy exploring! We can't wait for you to dive into all that Chapters has to offer. Here's to a stimulating journey ahead!

Warm regards,

The Chapters Social Group

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A **ARTS AND CRAFTS CLUB**

Try out whatever style you prefer – watercolour, acrylics, colouring, paint-by-number, flower making, quilling etc.

AVON

A monthly visit from our Area Rep. Choose from her seasonal catalogue and enjoy the full range of toiletries, perfume, aftershave and gifts.



B **BBQ**

Meet friends by the fountain for an al fresco summer lunch.

BINGO

Two little ducks, Legs eleven, Kelly's eye – win chocolate, fudge, jelly babies, biscuits or wine! A good time is had by all.

BOOK CLUB

A great way to share your love of literacy and delve into the detail of the monthly chosen book.

BOWLS

Which team will win this week? It could all come down to half an inch!

BRIDGE

The chance to learn and play with friends.



C **CARERS' CAFE**

Relax with a cup of coffee and a biscuit, and share some mutual support with others.

CHAPTERS CLASSICS

Classical music, ballet, or opera. Watch, listen, learn and enjoy an evening of enrichment.



CHESS

Whether you're a novice or a Grand Master, there'll be someone looking to take out your King!

COFFEE MORNINGS

Mondays and Thursdays, 10 am in the Constable Court Lounge. Wednesdays, 10 am in the Nightingale Square lounge. Chat with friends, meet new homeowners and catch up with our Community Managers.

CREATIVE WRITING

In conjunction with the Salisbury Medical Practice, let your creative juices flow and enjoy putting down your thoughts and feelings in poetry.



D DAY TRIPS

Take a minibus trip to explore some of the local places of interest. Recent trips have included Imber Day and Winchester Christmas market.

DE-CLUTTER WEEKENDS

The Chapters Swap Shop. The chance to have a bit of a clear-out and see if there are new treasures donated by others. Anything left goes to charity shops.

DIAMOND ART

An easy and relaxing craft session where you can decorate cards, bookmarks, coasters etc. with hundreds of colourful "diamonds".



E EASTER SINGALONG

Join members of the Salisbury Baptist Church in a rousing rendition of traditional Easter hymns.

EXERCISE CLASS

Enjoy getting fitter with the support of our external coach. Stretch, condition and maintain strength and mobility.



Refer Your Friend

Do you have a friend who you know would love to take part in these activities? If there's someone who you think would enjoy the community lifestyle and living at Chapters as much as you do, invite them along to the next community event!

Don't forget, if you refer a friend and they move to Chapters, you will receive up to £1,000 as thanks for helping to build our wonderful community of like-minded friends and neighbours. Please speak to your Community Manager for more details.



F FILM CLUB

A weekly chance to watch a wide range of films.
You can also suggest titles you'd like to see.

G GARDENING CLUB

Join fellow horticultural enthusiasts to share tips and learn new gardening techniques.



H HOLY COMMUNION

A visiting member of the Salisbury Cathedral clergy offers a monthly Communion service.

I ICE CREAM PARLOUR

An indulgent bistro event. Choose your favourite flavour ice cream and make it extra special with sauce and toppings. Will you choose marshmallows, chocolate buttons, fruit, sprinkles, fudge cubes, or all of them?!

IT TRAINING

Funded by a successful grant application, external "techies" support homeowners through the minefield of technology, including smartphones, iPads, tablets and computers. Learn to email, text, take photos, play games, enjoy social media, and all sorts of other apps.



J JIGSAWS

A sociable and relaxing library activity where you can enjoy finding a few pieces as you pass by – or settle in for a longer session without having to find space in your home for 1000 pieces.



Retirement, Your Way

At Chapters, retirement isn't about slowing down – it's about enjoying life to the fullest in whatever way is most meaningful to you. That could be exploring new passions or reigniting old ones, doing something different every day, or simply meeting up for coffee with a friend once a week. Being part of the Chapters community brings an array of opportunities – enabling you to do as much, or as little, as you like.

What's on Offer?

- ✓ Discover a fantastic array of 50+ activities available exclusively for Chapters homeowners.
- ✓ There truly is something for everyone!

Why Join In?

- ✓ Have a blast and enjoy yourself!
- ✓ Make new friends and strengthen connections.
- ✓ Embrace the chance to learn new skills.
- ✓ Stay active and keep fit while having fun!
- ✓ Share your talents and skills with others.

How to Participate?

- ✓ Join as many sessions as you'd like – there's no limit to the fun!
- ✓ For most activities, just turn up! Some may require booking in advance with the Community Managers, so be sure to check.
- ✓ Enjoy sessions led by fellow homeowners, visiting experts, or even through engaging online videos.

Where Do Activities Take Place?

Join us in the Activity Room, Lounges, Library, Bistro, or even off-site for some adventures!

When Can You Participate?

Activities are held weekly, fortnightly, or monthly, along with one-off special events that you won't want to miss!

How Much Will It Cost?

- ✓ Most activities are free at the point of use, thanks to a small social budget included in the Service Charge.
- ✓ Some sessions are subsidised to ensure they remain affordable for everyone.
- ✓ A few events may incur a fee, especially when they feature visiting experts, Bistro meals, or off-site theatre trips etc.

Who's Involved?

- ✓ Homeowners often take the lead in initiating and running activities, creating a vibrant community spirit.
- ✓ Visiting experts help to expand the range of offerings, bringing fresh insights and experiences.
- ✓ Community connections, including charities, local police, and councillors, also play a vital role in enriching the activities we provide.

Go On, Try Something New...

Challenge Yourself

Have you ever wanted to try Tai Chi, take on a sponsored challenge or sing in a choir? Our supportive community encourages you to be bold, step out of your comfort zone and try something you've never done before. You never know, it might become your new favourite thing!

Share a skill

We all come from a wide variety of backgrounds and industries. So, if you have a passion or skills and knowledge you'd like to share with others, let us know! Some of our homeowners lead crafting and painting classes, which makes for an even more comfortable and informal space to learn. We also have homeowners who have brought exciting new hobbies to Chapters, like quilling and open-water swimming!

Make a Difference

Many individuals have causes close to their hearts. If you'd like to fundraise for a charity that means something to you, speak with our Community Managers who could spread the word, or help you to organise a community charity event.

Find Unexpected Friendships

As you know, being part of the Chapters community means that you can choose to live as privately as you want or to be involved in as much as you want. However, the doors of friendship are permanently open! So, there's always an opportunity to meet new friends and connect with people who you feel like you've known forever.



Get ready to dive in and make the most of all that Chapters has to offer!





K KARAOKE

Join Eric for an evening of fun and performance. Impress your friends with your vocal expertise!

KIT MEETINGS

KIT means Keeping In Touch with issues being dealt with by the Chapters Residents' Association.

KNIT & NATTER

Enjoy a chat, whilst creating your next woollen project. Share patterns and tips and be inspired to try something new.



L LINE DANCING

A fun activity to move to the music. Learn different steps that build up to a routine, and show off your grapevine, shuffle, and electric slide!



M MURDER MYSTERY

Whodunit? Spend a fun evening in character and try to work out which of your friends and neighbours had an ulterior motive for coming!

MUSIC EVENINGS

A relaxing Saturday evening with friends, listening to a range of music while you chat and enjoy each other's company. Bring your own drinks and nibbles. Will that be peanuts, pretzels, or cheesy balls?



N NEW YEAR'S EVE PARTY

Celebrate the occasion in the Constable Court lounge, while watching Big Ben and the fireworks. The Gay Gordons at 2am are legendary!



O OPERA PERFORMANCES ON SCREEN

Enjoy a full-scale opera from the comfort of an armchair as part of the Chapters Classics programme.

P PARTIES

For big events we have a big party! The Jubilee and Coronation are examples of “a good time was had by all”, aided by a huge cake, live music and a glass or two!

PILATES

Follow the onscreen tutorials and take things at a pace that suits you.

POP-UP SHOPS

The chance to “shop till you drop”, without the travel, crowds or parking. Recent visitors have brought shoes, slippers, clothes, birthday cards, gifts, cushions, glassware and teapots!

Q QUIZ

When was...? Who was...? How? What? Why? A monthly opportunity to pool your knowledge and compete for first place. A new venture is a multi-site community quiz (where Chapters has won the coveted shield before!!)

R RAFFLE

A great way to raise money for our annual charity and the chance to bag a great prize.

RUMIKUB

Part of the Monday games afternoon. We have a well-stocked range of board games for anyone to enjoy at any time.





S SCRABBLE

Another opportunity to get together and enjoy this stimulating game. Do you know all those useful two-letter words? What's your highest score?

SPEAKERS

A "Top 10" activity for many homeowners. A monthly chance to learn about a wide variety of topics, delivered by homeowners and visiting speakers. Recent subjects include Public Health in Salisbury, The History of Old Manor Hospital, Service during the Cold War and Meet the Bassoon.

SUPPER CLUB

A monthly chance to enjoy a Bistro evening meal with friends, celebrating the culinary delights of a different country each time.



T TABLE TENNIS

A weekend activity to keep you fit and having fun.

TAI CHI AND QI GONG

Delivered by a visiting expert. Both are traditional Chinese practices, involving movement and breathing to improve health and wellbeing.

THEATRE TRIPS

Salisbury Playhouse has a very wide variety of entertainment. Recent trips have included "The Magic of Motown", "The Glenn Miller Orchestra", and the annual pantomime. (Oh no, it didn't; Oh yes, it did!!)



U UKULELE GROUP

Salisbury Pluckers never fail to entertain, and they love it if you join in with their pop covers through the decades.



V VARIETY SHOW

Our first-ever show was a wonderful evening of entertainment from homeowners. We certainly have lots of performers at Chapters with a wide variety of talents to share.

VETERANS ' BREAKFAST

A monthly chance for anyone with a Service background to enjoy support and camaraderie with like-minded comrades.



W WINE TASTING

Another Bistro special event. Try out a range of your favourite red/white/rosé, accompanied by a platter of cheese, biscuits and pickles. Very tasty!

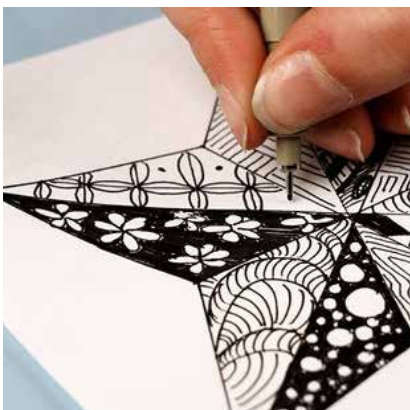


X XMAS FESTIVITIES

Our Xmas merriment includes Christmas Fair, parties, and special guest entertainment. You can also join our Christmas Choir.

Y YOUNG MUSICIANS

From Salisbury Cathedral – The chance to hear the amazing talents of some very young and enthusiastic singers and instrumentalists.



Z ZENTANGLE

An easy-to-learn, relaxing way to create beautiful patterns. Repetitive strokes build up abstract art – let your creativity free!



Welcome to the Bistro at Chapters!

The Bistro is truly the heart of the Chapters community and provides the perfect opportunity for friends and neighbours to catch up over coffee and cakes or indulge in a more substantial meal. Visitors, including friends and family, are warmly welcomed, and tables can be booked in advance for special gatherings.

A Feast for Every Occasion!

The Bistro offers a tantalising range of refreshments throughout the day, featuring breakfast, elevenses, lunch, and afternoon tea. Diners can also look forward to extended opening times every Friday to kick off the weekend in style!

Exciting special events fill the Bistro's calendar, showcasing additional menu choices to delight every palate. Highlights include the beloved Fish and Chip Fridays, hearty Sunday Carveries, sizzling summer BBQs, indulgent Ice-Cream Parlours, and elegant Cheese and Wine evenings. National food days celebrating Eggs, Cheese, Pasties, Pizza, Soup, and Pies add a festive touch to the offerings, ensuring there really is something for everyone!

Supper Club: A Culinary Journey!

The monthly Supper Club is a particular favourite among homeowners, celebrating the flavours of different countries. Due to its popularity, early booking is highly recommended!

Throughout the year, big calendar events are celebrated, including a festive Christmas lunch, Twixmas, Valentine's Day, Pancake Day, Halloween parties, and a lively New Year's Eve buffet. These occasions bring added joy to the dining experience at the Bistro!

For any specific dietary requirements, the Bistro staff are always available to assist.

At the Bistro, friends meet, memories are made, and delicious food awaits!

Check out the monthly Bistro calendar, with special events advertised in the Bistro and on noticeboards.

Watch This Space

Plans are in the pipeline to extend the range of activity resources, to include a snooker table, foosball table and a dartboard. Watch this space...

Representative Groups You Can Be Involved In:

- ✓ Social Group
- ✓ Bistro Forum
- ✓ Chapters Residents' Association Committee
- ✓ Platinum Skies Ambassadors
- ✓ Social Media Champions

What's Next?

- ✓ Stay informed about what's happening by checking the noticeboards and monthly calendars.
- ✓ Challenge yourself to try something new this month!
- ✓ Bring a friend along to an activity you love and share the experience.
- ✓ If you have skills or talents to share, let our Community Managers know!
- ✓ Do you have anyone else in mind who might like to join us? Consider reaching out to local organisations.
- ✓ Join the Social Group to help plan and support a diverse range of activities that everyone can enjoy.



We'd love to hear your ideas! Share your suggestions with our Community Managers about what activities you'd like to see.

Members



Bob Gordon



Meg Grey



Irene Hammond



Elisabeth Howell



Jill Larner



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Community Managers



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